

## Food From Scratch Meal Boxes

£11.95 + vat per person / Included in DDR / Included in studio package

### **Choose 3 bowl options for your event:**

(Let us know of any special dietary requirements and an alternative can be made)

**Panko chicken**, sweet chilli noodles with Asian style slaw.  
**Lemon and herb chicken**, pesto pasta and tomato cucumber relish  
**Chargrilled chicken breast**, sundried tomato and vegetable rice  
**Cajun chicken** nacho crunch, spiced rice, chunky avocado & salsa  
**Coconut chicken** with lemongrass coriander, sweet chilli noodle  
**Chicken satay skewers** with peanut crunch sauce, rice salad  
**Cajun chicken**, roast pepper & chorizo penne pasta with parmesan crisps.

**Spiced cumin Lamb Koftas**, mint & cucumber yogurt and cumin cous cous

**Cajun salmon**, spiced rice and red peppers salsa  
**Cumin and coriander salmon**, saffron potato salad with cucumber riata  
**Baked lemon and salted salmon fillet**, spring onion and potato chive salad  
**Salmon fishcakes** with green leaves, grilled red pepper & tomato salsa.

### Vegetarian

**Roast Mediterranean vegetables** with sun dried tomato couscous and parmesan crisp  
**Caramlised red onion & Goats cheese tart** with chunky Greek salad  
**Feta and pesto pasta salad** with tomato cucumber relish  
**Roast vegetable and spinach frittata** with salad leaves and tomato and lime salsa

### Vegan

**Baked curried cauliflower** in black sesame crumb, spiced pineapple, mint chutney & quinoa.  
**Cracked roasted tomatoes**, almonds & spinach pasta salad  
**Five beans with hummus**, grilled red pepper & tzatziki  
**Roasted butternut squash**, quinoa, chickpea falafel & riata  
**Deep fried cauliflower** with a tangy lemon dressing  
**Sweet potato falafel**, cranberries, caramelized onion houmous & pea shoots.

### Salads

**Poached chicken salad**, parmesan croutons & Caesar dressing.  
**Asparagus, chorizo, new potato** with feta cheese & tomato oil

### **Choose your something sweet...**

#### **Cheesecake pot**

Lemon, White Chocolate & Pomegranate, Strawberry  
Chocolate pot  
Lemon posset pot  
Fresh fruit pot

### **Cold buffet Option**

**£11.95 + vat per head / Included in your Day Delegate rate**

Selection of Sandwiches and Wraps  
Mini pittas filled with spiced chicken and salsa rossa salad  
Cajun chicken and chorizo skewer with sweet chilli dip  
Selection of tartlets: Goats cheese & caramelised onion/Sundried tomato & feta  
Indian Selection with dips  
Vegan pesto pasta  
Chunky Greek salad with crumbled feta  
Piri Piri hummus, pitta, crudites

Dessert selection  
Lemon cheesecake pot, Eton Mess pot, Chocolate Mousse pot, Fruit pot

### **Hot Food Option**

**£11.95 + vat per head / Included in your Day Delegate rate**

#### **Option A**

Vegan moussaka  
Cajun chicken with avocado salsa  
Lemon garlic new potatoes  
Red cabbage coleslaw  
Selection of mini desserts

#### **Option B**

Three bean chilli  
Traditional beef lasagne  
Vegetable rice  
Garlic bread slices  
Selection of mini desserts

#### **Option C**

Honey and thyme roasted chicken  
Baked root vegetables  
Sweet potatoes and chickpea spinach curry  
Poached rice  
Selection of mini desserts

## Hot Food Option continued

### **Option D**

Steak and ale pie

Cheesy mash

Deep fried cauliflower in piri piri crunch and tangy lemon dip

Vegetable couscous

Peas, spinach, and parsley in a cream sauce

Selection of mini desserts

### Personal picnic

**£9.95 + VAT per person / Included in DDR**

Baked filled roll

Hand cut kettle chips

Fresh fruit

Homemade granola bar

### VIP Picnic

**£12.95 + VAT per person / DDR Surcharge £2.00 / Included in studio package**

(minimum order 10)

Cajun chicken, sour cream, & salsa wrap

Onion bhaji with mango chutney

Vegetable samosa & riata

Thai fishcake & sweet chilli jam

Kettle chips

Fruity Flapjack